

# OSH-Med international

SERVICE • TRAINING • EXCELLENCE

# Company Profile

2024



Service



Training



Excellence





## About us

Since opening our doors in 2012, we became a leading service and training provider for Occupational Safety & Health (OSH) and Medicine in Namibia. In 2012 we started with our 1st branch in Windhoek. Meanwhile we established Service & Training Centres in Windhoek, Ongwediva and Walvis Bay. We continuously widened our portfolio, service delivery and training offer for our clients.

At OSH-Med International we care about the satisfaction of our clients and guarantee top of the line Services & Training.

OSH-Med International is your No1. Service & Training provider in Namibia & beyond. We offer the ideal Service & Training Solution for:

- ✓ Government
- ✓ Industry
- ✓ Mines
- ✓ Public

Our service and training is available in Namibia and beyond. Our Service & Training Centres are located at:

- **Windhoek**
- **Ongwediva**
- **Walvis Bay**

+ our **Mobile Training Unit**, which makes our services & training available in whole Namibia and beyond

# NAMIBIA



Company registration:  
cc/2012/3909

V.A.T. registration:  
5784 523 015

Ministry of Labour  
Accreditation:  
A.I.A. 22/110

OSH-Med  
international

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## About us

### About OSH-Med International

OSH-Med International is entering a new era as we expand our solutions as well as our footprint throughout Namibia and beyond. OSH-Med International first started training in 2012, supplying broad-based training solutions to oil and gas ministries, corporations and the public in Namibia.

We believe in exemplary service and dedication to the highest training standards and that attention to detail is instrumental in providing training solutions to the industry, whether it is at the client's premises or hosting delegates in Namibia providing full logistical support for the duration of their stay allowing delegates to focus entirely on their academic commitments.



How are we expanding? Despite the need to diversify to meet the growing needs of our clients, for us it's a natural progression from training, which is an integral aspect of the Management & Client Solution. We understand the critical "golden hour" and the need for qualified personnel in key positions with the right systems and equipment in place to save lives.



## About us

### Service & Training Solutions

Our mission is to facilitate service and training that is relevant to the organisation being able to customise programs tailored to our clients' requirements. Our quality improvement measures, our total commitment to customer service and our unwavering determination to match and exceed industry benchmarks allows us to excel in providing the best possible products to our customers.



Our motto

**'Service - Training - Excellence'**

is embedded in our culture and is the very cornerstone of our aim to create significance in the lives of the professionals we train. These professionals leave feeling accomplished and well equipped to ensure that their new found knowledge and skills positively impacts those that they come into contact with.

We provide a one stop shop solution where all associated logistics are taken care of allowing the candidate to focus entirely on their training commitments.

Sought after accreditations and partnerships with many leading experts in the various fields is what contributes to the success of our training programs.



## About us

### Board of Directors

#### **Mr. Fabian Martens,**

CEO of OSH-Med international.

His academic background and professional career and experiences internationally have shaped him into a knowledgeable expert in the field of Medical Services & Occupational Safety & Health. Various organizations in Namibia, Germany and internationally have benefitted from his unique set of skills and practical services. Among some of his notable achievements: NDF – project UN Level 2 Mobile Hospital, disaster plan and quick response unit for mass casualties and disaster for the city of Norderstedt in Germany, St. Mary's Hospital upgrade in Tanzania, assistance to the Nigerian Army & GTAG Project of their patient rehabilitation centre.



#### **Mrs. Melody Shehama,**

Service Director of OSH-Med international.

Her unique background out of the Hospitality and Service Industry makes her the perfect fit to the OSH-Med Team.

Mrs. Shehama is described as visionary and client orientated, which makes her one of the youngest successful entrepreneurs in the Occupational Safety & Health Industry. She lives the vision of OSH-Med international – Service – Training – Excellence - and assists all clients with her team.





About us

Some of our corporate clients



and more

Some of our national and international partners



and more



## Training Courses

### Occupational Safety & Health

Every business has safety risks. Occupational safety deals with all aspects of physical, mental and social health and safety in a workplace. It is the umbrella for company's efforts to prevent injuries and hazards in all work environments. Every industry presents various kinds of safety hazards to its employees.



### Emergency & Medical Care

The provision of timely treatment during life-threatening emergencies in the EMS and hospital set-up is our priority for the health systems in Africa. Good training plays the most important role of medical care in contributing to health improvements within societies.



### First Aid

The importance of First Aid is hard to overestimate. The largest benefits of First Aid are: It allows those trained with the potentially life saving ability to assist an injured or ill person during a variety of emergency situations till the ambulance arrives. A well trained OSH-Med International First Aider can save a life.





Training Courses



**Industrial Fire Fighting**

The Importance of a Fire Prevention and Training at Your Facility. By establishing a fire prevention and preparedness program with OSH-Med international legal compliance training, you can help avoid fire, injuries to your employees and visitors, costly damages, and potential fines to your business and house hold.

Occupational Safety & Health	Emergency & Medical Care	First Aid	Industrial Fire Fighting
OSH - Representative	ECP - Basic	Life-Saving Measure (LSM)	Basic Industrial Fire Fighting
OSH - Supervisor	ECP - Intermediate	Level A	Industrial Fire Fighting
OSH - Officer	ECP - B Refresher	For Kids	Evacuation Planning
Induction	BLS for Healthcare Worker	Mining First Aid	
General OSH	ACLS - ERC		Accreditations:  
Accident & Incident Investigation	PALS - ERC		
Risk Assessment – HIRA	European Trauma Course		
HIV/Aids Awareness			
Working in Heights			







## Health & Safety Services

### OSH Inspection

Every business has safety risks. Occupational safety deals with all aspects of physical, mental and social health and safety in a workplace.

OSH-Med international comes to you and inspect your company on the standards implemented. Workplace inspections help prevent incidents, injuries and illnesses. We can help plan, conduct, report and monitor inspections. Regular workplace inspections are an important part of the overall OSH program and management system.



### OSH Policies

An OSH Policy is simply a method of stating how you, your employees, contractors and visitors are expected to behave when they are on Company property or performing Company related activities. As an employer or responsible contractor, you are required by law to provide a 'safe system of work'.

At OSH-Med international, we write the OSH Policy to your company needs.





## Health & Safety Services



### OSH Assistance

OSH Assistance is designed to help employers, employees, health and safety committees and others develop workplace health and safety programs, prepare plans of action to prevent accidents or occupational diseases, and to conduct investigations as some of the many ways to meet and achieve good health & safety.

At OSH-Med international, we are your expert and in the position to implement and grow the health & safety at your company.



### Evacuation Exercise

A well rehearsed and practiced evacuation drill can save lives.

The purpose of an evacuation exercise is to identify any deficiencies and weaknesses in current procedures, test the knowledge and skills of the OSH Committee and ensure building occupants are familiar with evacuation procedures.

Our practical evacuation drill is designed to test and validate Emergency Procedures



## Health & Safety Services

### Evacuation Plan

An Evacuation Plan lays out how to exit a building safely during an emergency. In case of a fire, carbon monoxide leak, earthquake or other emergency, everyone in your company should be familiar with your evacuation plan.

OSH-Med international creates your Evacuation Plan. Be prepared when your Evacuation alarm goes off.



### Risk Assessment

Risk - Assessment for the risks in the workplace. As part of managing the health & safety of your business you must control the risks in your workplace. This is known as Risk Assessment and it is something you are required by law to carry out.

OSH-Med international comes to your company for the Risk Assessment and assess your workplace.





## Health & Safety Services



### Accident & Incident Investigation

OSH-Med International offers independent Accident & Incident Investigation. An Accident & Incident Investigation is an investigation into an undesired event that happens unexpectedly and unintentionally and results in personal injury or in property damage.

OSH-Med international assist to investigate the event of an accident and incident and we will give you an independent outcome and report to improve your OSH at your workplace.







## Medical Services



### Onsite Medical Clinics

OSH-Med international offers Onsite Medical Clinics and Onsite Medical Services. From planning and equipping of an onsite clinic , Medical Practice or Hospital up to running your them to the fullest, we are your partner.

Our experience and highly skilled staff is onsite there for you.

Together with you, we design and offer the ideal solution for your need.



### Medical Staffing

OSH-Med international offers the ideal medical staffing solution for your need. If in a big city or at a remote site, our medical staff is available for you.

Our certified and highly skilled medical staff gives your operation the need of safety your employees need.

Together with our partners, we offer the best short-term and long-term staff solution for your company

OSH-Med international focus is on your need



## Medical Services



### Family Care Solution

OSH-Med international offers the ideal short-term and home care solution for your and your relatives.

Our qualified staff takes care of your relative and is there for you

Short-Term Care Facility at Windhoek, Sonnleiten offers the ideal place for weekend & holiday care.

Home Care Solution, This personalised service gives you the care of your loved ones at the comfort of your home.



### COVID-19 Services

OSH-Med international offers a wide variety of COVID-19 Services. As one of the Namibias most prominent resources for quality Emergency & Medical Care, OSH-Med International specialises in a wide range of medical services. While we work hard to offer top-of-the-line service that help you, we also focus on service assistance to fight this pandemic, together with our partners.

Our COVID-19 Services:  
 COVID-19 Traveler Swabbing, Disinfection Services, COVID-19 PPE



## Medical Services

### Advanced Life Support - Response

OSH-Med international offers Advance Life Support assistance for companies, mines, Emergency Services by road and for flight assistance.

With our fully equipped ALS-Response vehicle, we assist already various of institutions as [EMA Rescue Service](#), City of Windhoek, Ministry of Health & Social Services and more



### Medical Project Assistance

OSH-Med international is your partner for your Medical Project. We assist you from the start to the end with our expert team. Our Medical Advisors assisted several projects in Africa and Europe.

From planning of a Clinic up to a Hospital, or workflow assessment and optimisation



### Medical Stand-By

We offer the ideal Medical Stand-By Solution for your event and need. Medical standby is the provision of emergency medical care and first aid for participants and spectators in a pre-planned event.

We assist at events of all sizes.







## Medical Services

### doctors on call service

The d.o.c. Service brings a doctor to your home on weekends, when most doctors are closed.

We have you covered from Friday 18h00 till Monday 6h00.

We offer Medical Attention You Can Rely On:

- ✓ Home Visits
- ✓ Medical Assistance
- ✓ Emergency Assistance



### Injury on Duty

OSH-Med international offer the smart solution for your company when it comes to Injury on Duty (I.O.D.)

The I.O.D. Service gives your company the ideal service for accidents and injuries happening at the workplace.

We have you covered from time of the accident till return of the employee.





## Medical Services



## African Health Service

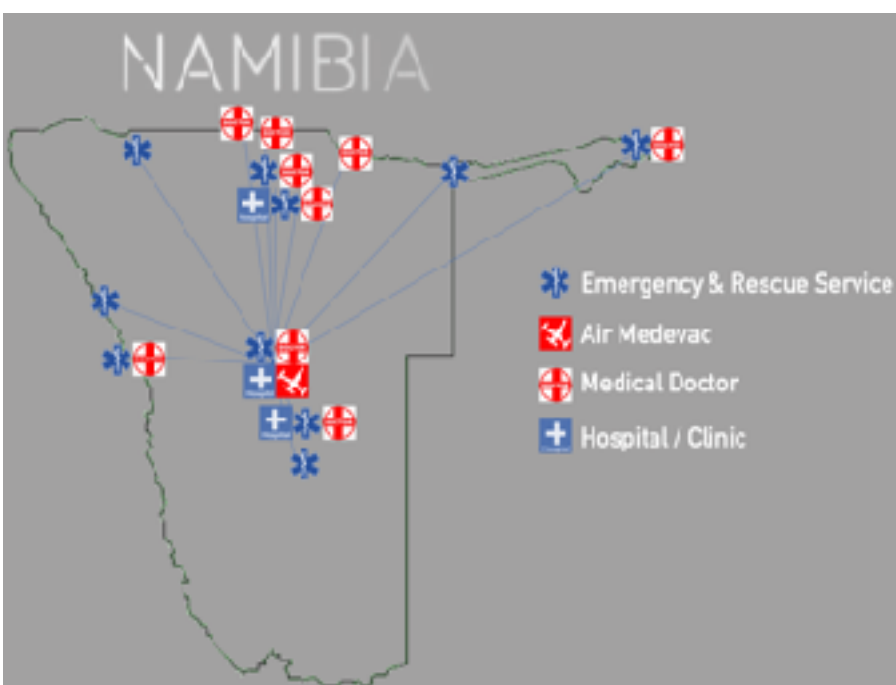
The African Health Service (AHS) offers a united various of health services. From a physician to hospital care we have you covert with our partners.

With the recent pandemic, it shows, how important a reliable partner in health is and who has you covered in the event medical attention is needed. AHS links you with the top health care partners in Africa. With our 24 hour Service Hotline we are available for you at all time. If you are in Namibia for business or as tourist, AHS has you covered. AHS is a network of Physicians, Hospitals & Clinics and Rescue Services.

AHS is newly implemented by OSH-Med international in 2021

The unique network is continues growing and is available for our clients of the African Health Service Network

All Healthcare Services of this Network are practicing on the highest standards and level of care.





Medical Services

**SYSTEM FOR  
EMERGENCY & MEDICAL ASSISTANT**

by OSH-Med | EMA

E.M.A. is an unique Emergency & Medical Assistance System in Africa — and we are "Help at a push of a button".

We offer proactive, quality emergency and medical assistance to provide a safe and comfortable environment.

At Emergency & Medical Assistance, your health is our number one priority, and we make sure to meet all your needs.

**Emergency &  
Medical Care**



**Emergency – Help  
at a push of a button**



**Mobile & Home  
Emergency System**

**Info Hotline: 061-302 931  
Email: [ema@osh-med.pro](mailto:ema@osh-med.pro)**



## OSH-Med Shop



## OSHMEd Clothing Line by OSH-Med & Charity Fashion

Charity Fashion is a 100% Namibian owned Fashion company since 2007. The owner Beverly Kaposiao is well known in the Garment & Textile Industry. Only high quality and standard material are used. ISO accreditation of their standards and material shows, that Charity Fashion takes pride in their work and brings fashion at the medical field to a new level.

Together with the OSH-Med CEO & Medical Advisor Fabian Martens, Beverly and Fabian design for industry best practice, using the best quality material.

## MARCA PPE

With MARCA - PPE we joined an efficient and organized commercial network, close and friendly relationship with end users.

The High specialization in all the PPE families we offer. Professional technical advice and training courses for our clients. Joined with excellent quality-price ratio on the whole range of our PPEs and in strict conformity with European standards. Our PPE is the best for your needs.





## OSH-Med Shop

### First Aid & Medical Equipment

First Aid saves life. First aid is the first and immediate assistance given to any person suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery. It includes initial intervention in a serious condition while waiting for an ambulance. First aid is generally performed by someone with First Aid training, done at OSH-Med for example.

There are many situations which may require first aid and everyone can be a Life Saver.

OSH-Med international provides equipment & training for companies, factories, mines, government and private use.



### Our Brands



and others





## Social Responsibility



At OSH-Med international, we provide high standard in Service, Training and Products. With high standard comes responsibilities. One of our responsibilities is the public safety & health. Therefore OSH-Med international supports the [E.M.A. non-profit organisation](#).

At E.M.A. non-profit organisation, the mission is simple - to make Emergency Care available for everyone. Whether a patient has Medical Aid or not.

Their goal is to make Emergency Care available free of charge for those who cannot afford a private ambulance service and to assist Ministry of Health and City of Windhoek.

For more information visit the website of the organisation: [www.ema-organisation.pro](http://www.ema-organisation.pro)

Our Social Response and Sponsorship in Community, Sport & Education. OSH-Med international sponsors and supports:





Contact us, we are your partner for Occupational Safety & Health and Emergency & Medical Care

**Contact Details:**

24/7 Service Hotline: +264 (0)61 302 931

Telephone Windhoek: 081 407 9100

Telephone Ongwediva: 081 407 9101

Telephone Walvis Bay: 081 292 8388

Email: [info@osh-med.pro](mailto:info@osh-med.pro)

Website: [www.osh-med.pro](http://www.osh-med.pro)

Online Shop: [www.osh-med.pro/shop](http://www.osh-med.pro/shop)

**Notes:**

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# Emergency Call



Important information to give:

- **Where** is the emergency?
- **What** happened?
- **What** kind of injuries?
- **How many** injured person
- **Waiting** for further question

## Emergency Numbers:

### *Ambulance services:*

**E.M.A. Rescue Service** **9112**

### *Fire Brigade:*

Windhoek 061-21 1111

### *Police:*

NamPol 10 111

City Police (Whk) 061-302 302

MVA Fund 9682

(all numbers are from GRN or non-profit organisations)



**d.o.c.**  
**Service Hotline**  
**085 - 9112**