OSH-Med international

SERVICE • TRAINING • EXCELLENCE

COURSE CALENDAR 2027



Shaping a Safer Tomorrow Through Excellence Today.

Courses are available at the Service & Training Centres of OSH Med international at

Windhoek, Ongwediva and Walvis Bay.

Course Index

Training Field	Description
Occupational Safety & Health	Representative, Supervisor, Officer
Working at Heights & Scaffolding	Fall protection, safe scaffolding erection
First Aid	Life Saving Measures (LSM), Level A
Industrial Fire Fighting	Basic and Industrial Fire courses
Emergency & Medical Care	ECP Basic/Intermediate, BLS, ACS, PLS
Additional Info	Accreditation, Terms & Conditions, Contacts

Occupational Safety & Health

OSH - Representative (1 Day)

The OSH Representative's function is to create high intensity awareness in all staff in Health & Safety and to inform them about the importance of "creating a healthy, safe and prepared working environment for all".



Month	Intake 1	Intake 2	Intake 3
January	18	25	
February	15	22	
March	15	23	
April	19	26	
May	17	31	
June	21	28	
July	19	26	
August	16	23	30
September	20	27	
October	18	25	
November	15	22	
December	3	10	

Course dates may change and are under reserve.
2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.

OSH - Supervisor (3 Days)

Four "1 day" courses (H&S Representative, OHS Act, Accident & Incident Investigation, and Risk Assessment) combined into a powerful 3-day course perfect for work supervisors and managers.

Month	Intake 1	Intake 2
January	11-13	
February	8-10	
March	8-10	
April	12-14	
May	10-12	
June	14-16	
July	12-14	
August	9-11	
September	13-15	
October	11-13	
November	8-10	29 Nov - 1 Dec
December	6-8	



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2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.

OSH - Officer (10 Days)

The 10-day international standard "OSH Officer" course is an exciting program aimed at providing a better understanding of the theoretical and practical principles of H&S and assist H&S Practitioners to implement effective measures. Main Topics: Day 1-5 Health & Safety, Day 6-8 First Aid, Day 9 Fire Fighting, Day 10 HIV/Aids Awareness & Assessment.

Month	Intake 1
January	11-22
March	1-12
May	10-21
July	12-23
September	6-17
November	8-19



Course dates may change and are under reserve.
2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.

Working at Heights (1 Day)

OSH-Med offers theoretical and practical instruction. Work at height is work in any place, including a place at, above or below ground level, where a person could be injured if they fell from that place.

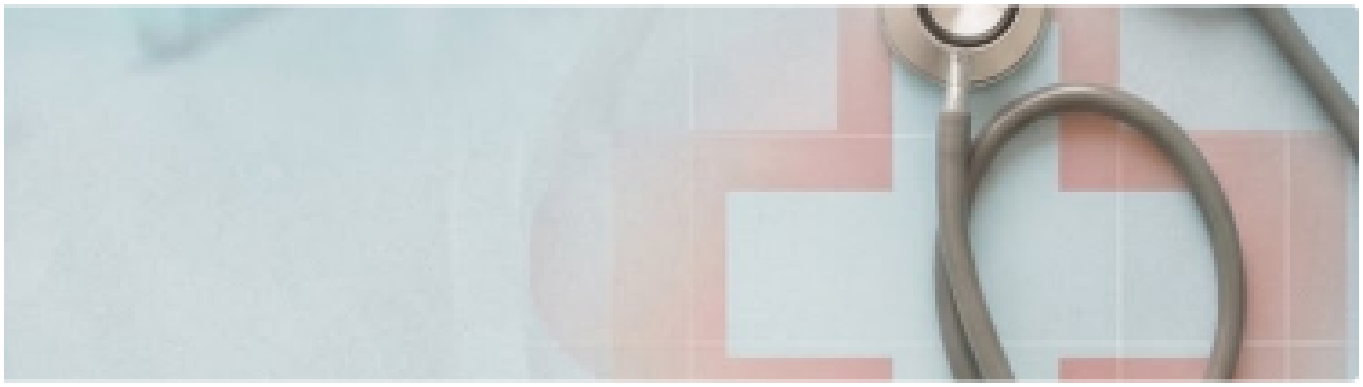
Month	Intake 1	Intake 2
January	19	
February	16	
March	16	
April	20	
May	18	
June	22	29
July	20	
August	17	
September	21	
October	19	
November	16	
December	7	

Scaffolding (1 Day)

Instructional scaffolding model where our instructors share new information and demonstrate how to solve a problem with the main focus of safely erecting a scaffold structure.

Month	Intake 1	Intake 2
January	20	
February	23	
March	24	
April	21	
May	26	
June	23	30
July	27	
August	24	
September	22	
October	20	
November	17	
December	8	

Course dates may change and are under reserve.
2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.



First Aid

First Aid - Life Saving Measures (LSM) (1 Day)

Enable the delegate to manage a variety of injuries and medical emergencies at a First Aid level. Includes training on CPR and Trauma.

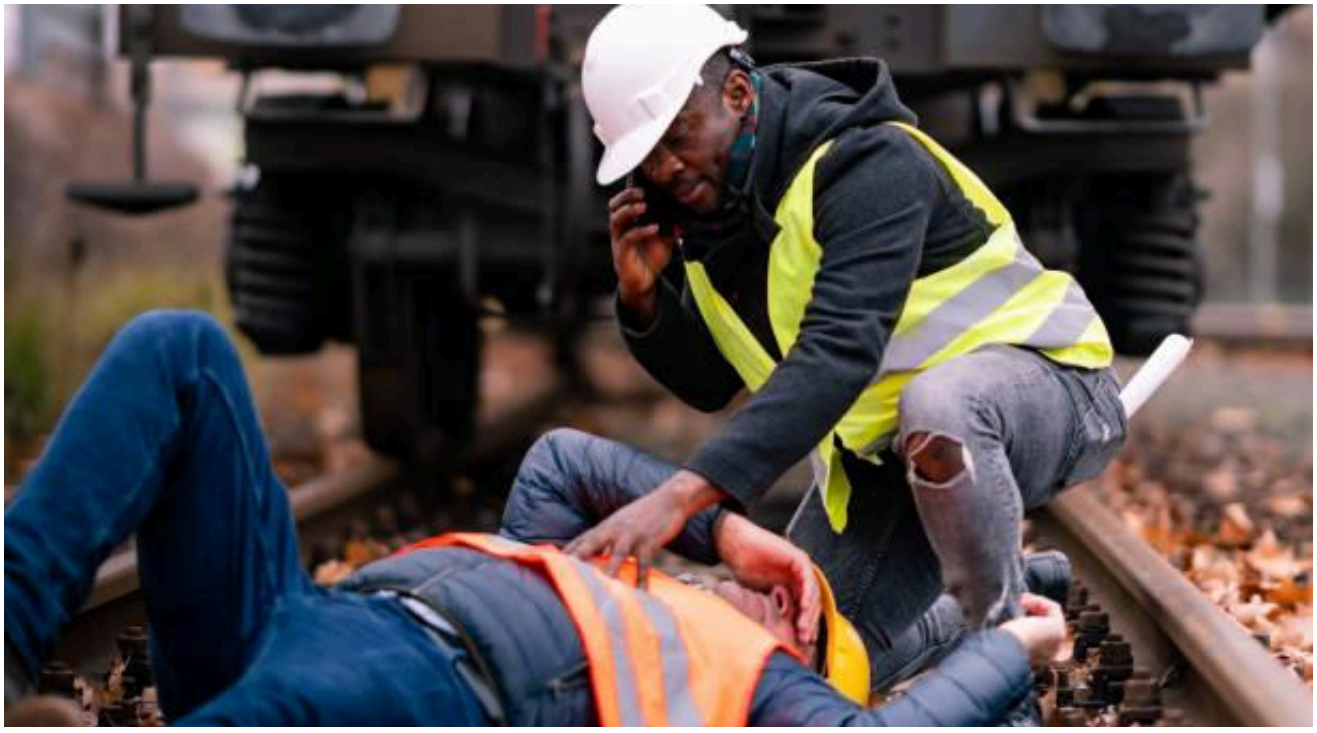
Month	Intake 1	Intake 2
January	14	28
February	11	25
March	11	25
April	8	22
May	13	27
June	10	24
July	15	29
August	12	25
September	9	23
October	14	28
November	11	25
December	2	9

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2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.

First Aid - Level A (3 Days)

Join our First Aid course and learn invaluable lifesaving skills required by the Labour Act. Intense knowledge for First Aid treatments on any emergency scene at the workplace, road and at home..

Month	Intake 1	Intake 2	Intake 3
January	6-8	20-22	
February	3-5	17-19	
March	3-5	17-19	31 Mar - 2 Apr
April	14-16		
May	19-21		
June	2-4	16-18	
July	7-9	21-23	
August	4-6	18-20	
September	1-3	15-17	29 Sep - 1 Oct
October	13-15	27-29	
November	10-12	24-26	
December	13-15		



Course dates may change and are under reserve.
2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.



Industrial Fire Fighting

Basic Industrial Fire Fighting (Half Day) & Industrial Fire Fighting (1 Day)

Aimed at preventing fires, creating a prepared environment and building confidence when faced with an unexpected fire emergency.

Month	Basic -Intake 1	Basic - Intake 2	Industrial - Intake 1
January	15	29	21
February	12	26	24
March	12	30	18
April	9	23	13
May	14	28	24
June	11	25	15
July	16	30	13
August	13	27	10
September	10	24	14
October	15	29	12
November	12	26	9
December	17		14

Course dates may change and are under reserve.
2027 Public Holidays: 1.1, 22.3., 26.3., 29.3., 1.5, 4.5., 6.5., 25.5., 26.8., 10.12., 25.12., 27.12.



Emergency & Medical Care

ECP - Basic (7 Weeks)

Basic paramedical training designed for ambulance & medical services, accredited by HPCNA.
Access level qualification into Emergency Medical Services (EMS).

Campus	Intake 1	Intake 2	Intake 3
Windhoek	18 Jan - 5 Mar	3 May - 18 Jun	30 Aug - 15 Oct
Ongwediva	8 Feb - 26 Mar	21 Jun - 6 Aug	4 Oct - 19 Nov
Walvis Bay	22 Mar - 14 May		

ECP - Intermediate (17 Weeks) & ECP - Refresher

Intermediate paramedical training designed for a higher level of patient treatment, accredited by HPCNA.

Course Name	Duration	2027 Schedule Highlights
ECP - Intermediate	17 weeks	Intake 1: 1 Mar - 25 Jun Intake 2: 5 Jul - 29 Oct
ECP - Refresher	3 Days	22-24 Feb; 28-30 Jun (Entry Exam for ILS follows, if applicable)



Emergency Medicine Courses

BLS / ACS / PLS (ERC)

Specialized resuscitation courses based on ILCOR guidelines for Healthcare Providers. Facilitated by extensive hands-on practice.

Course Name	Duration	2027 Schedule Highlights
BLS for Healthcare (ERC)	½ Day	Feb 12, Mar 12, May 14, Jun 11, Aug 13, Oct 15, Dec 3
ACS (ERC)	2 Days	Feb 13-14, Mar 13-14, Oct 16-17
PLS (ERC)	2 Days	Mar 20-21, Dec 4-5

Additional Information

Terms & Conditions: Courses will be presented in English. A non-refundable deposit is required for any course. Full payment is due 7 days before the course starts. Cancellation fees apply

Windhoek Campus
40 Beethoven Str
Windhoek
Tel: 061 302 931

Ongwediva Campus
MVA Fund Building, Block C
Libertine Amadhila Street
Ongwediva
Tel: 085 207 9101

Walvis Bay Campus
Sam Nujoma Avenue
Walvis Bay
Tel: 085 292 8388

Notes:

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&

Emergency Call

Important information to give:

- **Where** is the emergency?
- **What** happened?
- **What** kind of injuries?
- **How many** injured person
- **Waiting** for further question

Emergency Numbers:

Ambulance services:

E.M.A. Rescue Service 9112

Fire Brigade:

Windhoek 061-21 1111

Police:

NamPol 10 111

City Police (Whk) 061-302 302

MVA Fund 9682

(all numbers are from GRN or non-profit organisations)

d.o.c. doctors on call 085 9112

d.o.c. Service Hotline 085 - 9112

OSH-Med International and Emergency & Medical Assistance Service Hotline: 061 – 302 931

Emergency Call: 9 1 1 2