

your
**POTENTIAL
IS ENDLESS**

w i t h O S H - M e d i n t e r n a t i o n a l

www.osh-med.pro



**HEALTH
& SAFETY**

Emergency & Medical Care



Windhoek
Tel.: 061 302 931

Ongwediva
Tel.: 081 407 9101

Walvis Bay
Tel.: 085 292 8388



Windhoek												
Course	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
OSH Representative	8 22	5 19	11 25	15 29	13 27	10 24	15 29	12 27	9 23	7 21	4 25	11
OSH Supervisor	31.1.-2.2		6-8	10-12	6-8	19-21	3-5	7-9	18-20		13-15	
OSH Officer	8-19			15-26	27.5.-7.6.			12-23		7-18	25.11.-6.12	
Working at Heights		14	20	16	20	26	17	5	11	23	18	16
Scaffolding		15	21	17	21	27	18	6	12	24	19	17
Ongwediva												
OSH Representative	8 22	5 19	11 25	15 29	13 27	10 24	15 29	12 27	9 23	7 21	4 25	11
OSH Supervisor	31.1.-2.2		6-8	10-12	6-8	19-21	3-5	7-9	18-20		13-15	
OSH Officer	8-19			15-26	27.5.-7.6.			12-23		7-18	25.11.-6.12	
Working at Heights		14	20	16	20	26	17	5	11	23	18	16
Scaffolding		15	21	17	21	27	18	6	12	24	19	17
Walvis Bay												
OSH Representative	8 22	5 19	11 25	15 29	13 27	10 24	15 29	12 27	9 23	7 21	4 25	11
OSH Supervisor	31.1.-2.2		6-8	10-12	6-8	19-21	3-5	7-9	18-20		13-15	
OSH Officer	8-19			15-26	27.5.-7.6.			12-23		7-18	25.11.-6.12	
Working at Heights		14	20	16	20	26	17	5	11	23	18	16
Scaffolding		15	21	17	21	27	18	6	12	24	19	17

OSH-Med International offers additional OSH courses as: Health & Safety Induction, General Health & Safety, Accident & Incident Investigation, Risk Assessment – HIRA, HIV & Aids Awareness, Evacuation Marshall & more | Contact us for more information – info@osh-med.pro

Course dates may change and are under reserve

Public Holidays: 1.1., 21.3., 31.3., 1.4., 1.5., 4.5., 9.5., 25.5., 26.8., 10.12., 25.12., 26.12.

all course information in an overview also on:

www.osh-med.pro/training

Windhoek												
Course	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
First Aid - LSM	9 29	12 26	5 18	8 30	28	11	2 16 31	13 28	10 30	9 22	11	12
First Aid – Level A	15-17 24-26	7-9 21-23	13-15 27-29	22-24	15-17 22-24	3-5 24-26	10-12 24-26	5-7 19-21	4-6 25-27	2-4 14-16 28-30	6-8 20-22	2-4
First Aid for Kids		28		19		17		16		18		
Ongwediva												
First Aid – LSM	9 29	12 26	5 18	8 30	28	11	2 16 31	13 28	10 30	9 22	11	12
First Aid – Level A	15-17 24-26	7-9 21-23	13-15 27-29	22-24	15-17 22-24	3-5 24-26	10-12 24-26	5-7 19-21	4-6 25-27	2-4 14-16 28-30	6-8 20-22	2-4
First Aid for Kids		28		19		17		16		18		
Walvis Bay												
First Aid – LSM	9 29	12 26	5 18	8 30	28	11	2 16 31	13 28	10 30	9 22	11	12
First Aid – Level A	15-17 24-26	7-9 21-23	13-15 27-29	22-24	15-17 22-24	3-5 24-26	10-12 24-26	5-7 19-21	4-6 25-27	2-4 14-16 28-30	6-8 20-22	2-4
First Aid for Kids		28		19		17		16		18		



Windhoek												
Course	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Basic Industrial Fire Fighting	12	16	4 19	2 18	3 14	14 28	8 19	2 14 29	3 13	1 25	1 12	13
Industrial Fire Fighting	18 30	6 13 27	12 26	9 25	6 29	6 25	1 23 30	8 22	17 24	8 17 31	5 26	5
Ongwediva												
Basic Industrial Fire Fighting	20	3 13	6 20	3 21	2 15	1 16	14 28	11 23	8 22	6 20	3 17	4
Industrial Fire Fighting	17 20	7 21 27	14 24 31	13 24	9 22	9 20 30	4 18	1 21 29	18 26	10 27	13 21 28	12
Walvis Bay												
Basic Industrial Fire Fighting	20	3 13	6 20	3 21	2 15	1 16	14 28	11 23	8 22	6 20	3 17	4
Industrial Fire Fighting	17 20	7 21 27	14 24 31	13 24	9 22	9 20 30	4 18	1 21 29	18 26	10 27	13 21 28	12

Windhoek													
Course	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	
ECP-Basic	22.1.-1.3.			22.4.-3.6				5.8.-13.9.		23.9.-1.11.			
CareGiver - after hour	29.1.-2.8.							2.8.-7.3.2025 16.9.-18.4.2025					
ECP-refresher & ILS Entry		19-23				10-14				14-18			
ECP-Intermediate	26.2.-14.6.					17.6.-4.10.				21.10.-7.3.2025			
BLS for Healthcare Provider - ERC	19	9	22	26	17	28	19	9	13	11	8		
ACLS - ERC	20-21		23-24				18-19		20-21		14-15		9-10
PALS - ERC		10-11		27-28		29-30		10-11		12-13			
Ongwediva													
ECP-Basic	22.1.-1.3.			22.4.-3.6				5.8.-13.9.		23.9.-1.11.			
BLS for Healthcare Provider - ERC	19	9	22	26	17	28	19	9	13	11	8		
Walvis Bay													
ECP-Basic						3.6-30.8							
BLS for Healthcare Provider - ERC	19	9	22	26	17	28	19	9	13	11	8		

The "after hour" classes are from 17h30 till 21h00

OSH-Med

international

SERVICE • TRAINING • EXCELLENCE

For detailed course information,
check our website:
www.osh-med.pro

OSH-Med International is your
No.1 Service & Training Provider
for:

- ✓ First Aid
- ✓ Occupational Safety & Health (OSH)
- ✓ Industrial Fire Fighting
- ✓ Emergency Medicine in Namibia and beyond

We have Service & Training centres in:

- Windhoek,
- Ongwediva
- Walvis Bay

Email: info@osh-med.pro

Training field	Course Name	Duration	Accreditation
First Aid	Life-Saving Measure (LSM)	1 day	Ministry of Health, FA refresher
	Level – A	3 days	Ministry of Labour, Ministry of Health
	For Kids	1 day	Ministry of Health, FA refresher
Emergency & Medical Care	ECP – Basic	6 weeks	HPCNA
	ECP – Intermediate	17 weeks	HPCNA
	CareGiver	27 weeks In part-time mainly	
	BLS for Health Care Provider	½ day	HPCNA, European Resuscitation Council
	ACLS - ERC	2 days	HPCNA, European Resuscitation Council
	PALS - ERC	2 days	HPCNA, European Resuscitation Council
Occupational Safety & Health (OSH)	Representative	1 day	Ministry of Labour
	Induction	1 day	Ministry of Labour
	General H&S	1 day	Ministry of Labour
	Accident & Incident Investigation	1 day	Ministry of Labour
	Risk Assessment – HIRA	1 day	Ministry of Labour
	Supervisor	3 days	Ministry of Labour
	Officer	10 days	Ministry of Labour, International
	Working at Heights	1 day	Ministry of Labour
	Scaffolding	1 day	Ministry of Labour
	Industrial Fire Fighting	Basic Industrial Fire Fighting	½ day
Industrial Fire Fighting		1 day	Ministry of Labour
Additional courses	ECG / Pharmacology HIV / Aid Awareness Evacuation Planning HAZMAT, Rescue Courses Mining First Aid Defensive Driver Training	On request	Depending on the course

all course information in an overview also on:

www.osh-med.pro/training

Terms & Conditions

Our language on the courses:

Our courses will be presented in ENGLISH. The student should be able to read, write and speak English. We may request an English assessment, under reserve.

Entrance Exams:

For some Courses OSH-Med may request an entrance exam. Cost will depend on the course.

Course Fees:

OSH-Med requires a non-refundable deposit for any course (amount depends on the course). The deposit must be paid by handing in the application form and will be deducted from the course fee.

OSH-Med request a minimum deposit for the different course options. For course fees below NAD 4,000.00 must be paid before the course starts (7 days) . If the course fees are not paid at the time of examination, the result and certificate will remain with OSH-Med till the full payment will be done.

To confirm the booking, the student/company has to send the completed in registration form and the proof of payment(s) to:

info@osh-med.pro

OSH-Med Medical Training College cc, PO Box 22088, Windhoek, Namibia

Cancelation fees are under reserve of OSH-Med.

Members: Fabian Martens, Melody Shehama

For REGISTRATION and more INFORMATION, please contact us:

OSH & Medical Centre
40 Beethoven Str
Windhoek
Tel.: 061 302 931

MVA Fund Building, Block C
Libertine Amadhila Street
Ongwediva
Tel.: 081 407 9101

OSH & Medical Centre
Sam Nujoma Avenue
Walvis Bay
Tel.: 085 292 8388

Email: info@osh-med.pro

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